Our Lady of the Mountains Outreach Ministry

Parishioner Volunteerism

Updated November, 2023

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| **Category** | **Service** | **Name** | **Volunteers needed for** | **Phone #** | **Address** | **Website** |
| **Food** | Food pantry services | Highlands Food Pantry | Stock shelves and help distribute food at the pantry | 828-526-0890 | [348 S 5th St, Highlands, NC](https://www.bing.com/ck/a?!&&p=20fc3e93263f91cbJmltdHM9MTY5OTkyMDAwMCZpZ3VpZD0wNDUwZmQ0Mi05ZDFjLTY0YTEtM2Q3YS1lZmYzOWM2OTY1NGYmaW5zaWQ9NTcxMA&ptn=3&ver=2&hsh=3&fclid=0450fd42-9d1c-64a1-3d7a-eff39c69654f&u=a1L21hcHM_Jm1lcGk9MTI3fn5Vbmtub3dufkFkZHJlc3NfTGluayZ0eT0xOCZxPUludGVybmF0aW9uYWwlMjBGcmllbmRzaGlwJTIwQ2VudGVyJnNzPXlwaWQuWU44NzN4MTA0MTQxNDc2JnBwb2lzPTM1LjA0OTM5NjUxNDg5MjU4Xy04My4xOTU2MjUzMDUxNzU3OF9JbnRlcm5hdGlvbmFsJTIwRnJpZW5kc2hpcCUyMENlbnRlcl9ZTjg3M3gxMDQxNDE0NzZ-JmNwPTM1LjA0OTM5N34tODMuMTk1NjI1JnY9MiZzVj0x&ntb=1) | internationalfriendshipcenter.org |
| **Food/Furnishing** | Assistance in times of adversity | Highlands Emergency Council | Donations:  -Food  -Clothing  -Household goods  -Sall appliaces  Volunteers:  Mon-Fri 8am-2pm, Sat: 81m-1pm  -Answer phones  -Sort donations  -Box items for clients | 828-526-4357 |  |  |
| **Literacy** | Literacy for Children & Adults | Literacy Council of Highlands | No specific experience required and many opportunities for volunteer work across all programs:  -Summer Camps  -After-School Program  -Individual Tutoring  -Early Learners  -English as 2nd Language  -Volunteer at Special Events | 828-526-0863 | 675 S. 4th St.  Highlands, NC | Theliteracyandlearningcenter.org |
| **Pregnancy** | Pregnancy Care Services | Smoky Mountain Pregnancy Care Center | Call Michelle Finnie, Director of Volunteers, at 828-349-3200  Volunteers:  -Sort donations  -Make gift bags  -Clerical workers to do copying/shredding  Donations:  -Maternity clothes  -Baby clothes (sizes 0-5T)  -Toys  -Strollers  -Diapers &Wipes | 828-349-3200  828-293-3600 | 226 E. Palmer St.  Franklin, NC  1165 W. Main St.  Sylva, NC | Smpcc.org |
| **Christmas Gifts** | Christmas Angel Tree Project | Children’s Christmas Outreach | Purchase and/or shop for children’s gifts | 828-526-2418 | OLM Parish Office  315 N. 5th St.  Highlands, NC |  |
| **Medical** | Free medical care services | Community Care Clinic | Call Fabiola Olvera, Executive Director at 828-526-1991  Medical Background Personnel:  (EMTs, retired/current Nurses, Doctors, Nurse Practitioners)  -Need “Intake” volunteers on Tues & Thu evenings  Non-Medical Personnel:  (Spanish helpful but not required)  -Answer phones  -Make appointments | 828-526-1991 | 52 Aunt Dora Dr.  Highlands, NC | www.highlandscashiersclinic.org |
| **Medical** | Community Hospital | Highlands-Cashiers Hospital | Call Jeannie Macleod, Volunteer Coordinator, at 828-526-1345  At Eckerd Living Center:  -Visit elderly patients  At Hospital:  -Answer phones  -Be “Goodwill Ambassadors” to patients: Answer call buttons for nursing staff; bring water, magazines, etc. | 828-526-1345 | 190 Hospital Dr.  Highlands, NC | <https://missionhealth.org/member-hospitals/highands-cashiers> |
| **Dental** | Free dental services | Blue Ridge Free Dental Clinic | Call Michele Coward at 828-743-3393  Mon-Fri: 9am-3pm  Front Office: Phone calls, checking in patients, etc.  Community Events: Dispensing toothbrush kits at health fairs, schools or other community events  Sterilization: Cleaning operatories, sterilizing instruments (with proper training/certification)  Dental Assistant Duties: Stocking operatory supplies, going over post op instructions with patients, brushing and flossing instructions with patients.  Chairside Dental Assisting: Assisting dentist with procedures (with proper training/certification)  Shadow/Observing Dentist: This is really helpful for Pre-Dental Students or college students interested in the dental field.  Dental Hygienist: NC License Dental Hygienists can treat patients.  Dentist: NC Licensed Dentist can treat patients. A dentist with a license outside of NC can apply for a NC Temporary Volunteer Dental License to treat patients. | 828-743-3393 | 130 Hwy 64 East  Cashiers, NC | www.brfdc.org |
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