Our Lady of the Mountains Outreach Ministry

Parishioner Volunteerism

Updated November, 2023

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category** | **Service** | **Name** | **Volunteers needed for** | **Phone #** | **Address** | **Website** |
| **Food** | Food pantry services | Highlands Food Pantry | Stock shelves and help distribute food at the pantry | 828-526-0890 | [348 S 5th St, Highlands, NC](https://www.bing.com/ck/a?!&&p=20fc3e93263f91cbJmltdHM9MTY5OTkyMDAwMCZpZ3VpZD0wNDUwZmQ0Mi05ZDFjLTY0YTEtM2Q3YS1lZmYzOWM2OTY1NGYmaW5zaWQ9NTcxMA&ptn=3&ver=2&hsh=3&fclid=0450fd42-9d1c-64a1-3d7a-eff39c69654f&u=a1L21hcHM_Jm1lcGk9MTI3fn5Vbmtub3dufkFkZHJlc3NfTGluayZ0eT0xOCZxPUludGVybmF0aW9uYWwlMjBGcmllbmRzaGlwJTIwQ2VudGVyJnNzPXlwaWQuWU44NzN4MTA0MTQxNDc2JnBwb2lzPTM1LjA0OTM5NjUxNDg5MjU4Xy04My4xOTU2MjUzMDUxNzU3OF9JbnRlcm5hdGlvbmFsJTIwRnJpZW5kc2hpcCUyMENlbnRlcl9ZTjg3M3gxMDQxNDE0NzZ-JmNwPTM1LjA0OTM5N34tODMuMTk1NjI1JnY9MiZzVj0x&ntb=1)  | internationalfriendshipcenter.org |
| **Food/Furnishing** | Assistance in times of adversity | Highlands Emergency Council | Donations:-Food-Clothing-Household goods-Sall appliacesVolunteers:Mon-Fri 8am-2pm, Sat: 81m-1pm-Answer phones-Sort donations-Box items for clients | 828-526-4357 |  |  |
| **Literacy** | Literacy for Children & Adults | Literacy Council of Highlands | No specific experience required and many opportunities for volunteer work across all programs:-Summer Camps-After-School Program-Individual Tutoring-Early Learners-English as 2nd Language-Volunteer at Special Events | 828-526-0863 | 675 S. 4th St.Highlands, NC | Theliteracyandlearningcenter.org |
| **Pregnancy** | Pregnancy Care Services | Smoky Mountain Pregnancy Care Center | Call Michelle Finnie, Director of Volunteers, at 828-349-3200Volunteers:-Sort donations-Make gift bags-Clerical workers to do copying/shreddingDonations:-Maternity clothes-Baby clothes (sizes 0-5T)-Toys-Strollers-Diapers &Wipes | 828-349-3200828-293-3600 | 226 E. Palmer St.Franklin, NC1165 W. Main St.Sylva, NC | Smpcc.org |
| **Christmas Gifts** | Christmas Angel Tree Project | Children’s Christmas Outreach | Purchase and/or shop for children’s gifts | 828-526-2418 | OLM Parish Office315 N. 5th St.Highlands, NC |  |
| **Medical** | Free medical care services | Community Care Clinic | Call Fabiola Olvera, Executive Director at 828-526-1991Medical Background Personnel:(EMTs, retired/current Nurses, Doctors, Nurse Practitioners)-Need “Intake” volunteers on Tues & Thu eveningsNon-Medical Personnel:(Spanish helpful but not required)-Answer phones-Make appointments | 828-526-1991 | 52 Aunt Dora Dr.Highlands, NC | www.highlandscashiersclinic.org  |
| **Medical** | Community Hospital | Highlands-Cashiers Hospital | Call Jeannie Macleod, Volunteer Coordinator, at 828-526-1345At Eckerd Living Center:-Visit elderly patientsAt Hospital:-Answer phones-Be “Goodwill Ambassadors” to patients: Answer call buttons for nursing staff; bring water, magazines, etc. | 828-526-1345 | 190 Hospital Dr.Highlands, NC | <https://missionhealth.org/member-hospitals/highands-cashiers>  |
| **Dental** | Free dental services | Blue Ridge Free Dental Clinic | Call Michele Coward at 828-743-3393Mon-Fri: 9am-3pmFront Office: Phone calls, checking in patients, etc.Community Events: Dispensing toothbrush kits at health fairs, schools or other community eventsSterilization: Cleaning operatories, sterilizing instruments (with proper training/certification)Dental Assistant Duties: Stocking operatory supplies, going over post op instructions with patients, brushing and flossing instructions with patients.Chairside Dental Assisting: Assisting dentist with procedures (with proper training/certification)Shadow/Observing Dentist: This is really helpful for Pre-Dental Students or college students interested in the dental field.Dental Hygienist: NC License Dental Hygienists can treat patients.Dentist: NC Licensed Dentist can treat patients. A dentist with a license outside of NC can apply for a NC Temporary Volunteer Dental License to treat patients. | 828-743-3393 | 130 Hwy 64 EastCashiers, NC | www.brfdc.org |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |